



Jakeman Nursery School with Daycare
Jakeman Road, Balsall Heath,
Birmingham, B12 9NX
Tel: 0121 440 3066
Email: enquiry@jakeman.bham.sch.uk
Executive Head Teacher: Samantha Richards

21.01.2025



Birthday Celebrations

Dear Parents/Carers,

At Jakeman Nursery School we celebrate children's birthdays by:

- ✓ Children wear the 'birthday hat'
- ✓ Children and staff sing Happy Birthday
- ✓ Children receive a birthday card
- ✓ A celebration picture will be posted on Tapestry (online learning journal)

We are a healthy setting and want to limit the amount of sweet treats in nursery, in accordance with NHS Startwell key messages. This promotes children oral health, healthy life styles and being active.

If you wish for your child to share a birthday treat, please bring in healthy options such as:

- ✓ Strawberries, grapes, oranges, bananas, pears, kiwi, melon, blueberries, raspberries, mango, plums, or a combination

Please **Do Not** bring in:

- Cakes, sweets or chocolate - *these foods are higher risk in allergies and sugars which are harmful to children's teeth*

We will only be sharing party foods which contain some sweet treats twice each year during our Eid and Christmas celebrations.

Please speak to a member of the team if you would like to discuss this further or have any queries.

Yours faithfully,

Samantha Richards
Executive Head Teacher





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